

USE THESE INFORMAL "CHECK-IN" QUESTIONS TO MAKE YOURSELF MORE ACCESSIBLE TO THE TEAM:

☐ WHAT ARE YOU PROUD OF THAT YOU ACCOMPLISHED IN THE LAST WEEK?
☐ WHARE ARE YOU STUCK?
☐ WHAT CAN I DO TO HELP?
WHAT ARE YOUR GOALS FOR THE COMING WEEK, MONTH, QUARTER, ETC.?
USE THESE BASIC PROMPTS TO HELP PROMOTE SELF- DIRECTEDNESS WITH PROBLEM-SOLVING:
WHAT HAVE YOU DONE TO ADDRESS YOUR PROBLEM OR CONCERN?
☐ WHAT BARRIERS OR OBSTACLES REMAIN IN YOUR WAY?
WHAT ACTION STEPS CAN YOU TAKE TO ACCOMPLISH YOUR
GOAL?